

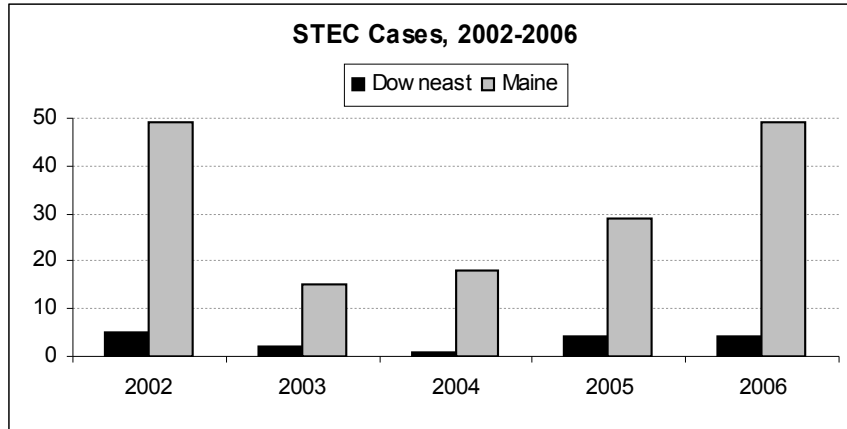
DOWNEAST DISTRICT: Infectious Diseases

Shiga Toxin Producing E. coli (STEC)

STEC is a leading cause of foodborne illness in Maine. It is a source of the food-borne illness associated with the life-threatening hemolytic uremic syndrome (HUS), particularly in children under five years of age. It can result in death; and causes fear and disruption for communities and businesses.

Decreasing STEC infections is an objective of *Healthy Maine 2010*. The Infectious Disease Epidemiology Program tracks and monitors cases and provides education and technical assistance to clinical providers and communities.

For more information on STEC: www.cdc.gov/ecoli/.



| | Downeast District Number | Maine State Number |
|-----------------|--------------------------|--------------------|
| STEC Cases 2002 | 5 | 49 |
| STEC Cases 2003 | 2 | 15 |
| STEC Cases 2004 | 1 | 18 |
| STEC Cases 2005 | 4 | 29 |
| STEC Cases 2006 | 4 | 49 |

*Maine CDC Infectious Disease Epidemiology Program